

# COVID-19 staff update

23 August 2021

## Getting your COVID-19 test or vaccine

If you are experiencing any symptoms of COVID-19 including sore throat, shortness of breath, sneezing and runny nose, **OR** you have been to any of the locations of interest regularly updated on the Ministry of Health website [bit.ly/LocationsofInterest](https://bit.ly/LocationsofInterest), do not delay in getting a swab at 295 Palmerston road (between City's Choice Dairy and J A Russell). This is a free walk-in service.

Check the Hauora Tairāwhiti Facebook page and website regularly for updates on when and where vaccination clinics are being held. The Poutama room clinic will be open to walk-ins today.

## Looking after yourself

For many of us, the changes brought about by COVID-19 and Alert Level 4 can cause added stress and pressure on both our work and home life. Check in with yourself regularly. There are a range of EAP (Employee Assistance Programme) and other support resources available on the intranet, or speak to your manager or team leader. Further information will be provided in following updates.

## Do you have any questions?

Get them answered.

- Dial into the daily [2pm zoom](#) with Jim Green. Check your email for a link.
- Speak with your manager and team leader
- Check the employee related FAQs on the intranet
- Email: [incidentcontrol@tdh.org.nz](mailto:incidentcontrol@tdh.org.nz) OR [intel@tdh.org.nz](mailto:intel@tdh.org.nz) OR [communications@tdh.org.nz](mailto:communications@tdh.org.nz)

## Do you have a QR code displayed?

Please make sure your department has a QR code on display for people using Gisborne Hospital and DHB services to scan. Check the intranet to source a code specific to your service or department. Contact [communications@tdh.org.nz](mailto:communications@tdh.org.nz) if your location isn't listed.

## You are needed

- If you can't do your normal job at the moment, our COVID-19 Response team need you.
- This applies to staff who are vulnerable and staff who have capacity at the moment.
- Please contact Praveena Nair in People and Development [praveena.nair@tdh.org.nz](mailto:praveena.nair@tdh.org.nz)

You can find these updates on the Hauora Tairāwhiti website on the COVID-19 page.

Questions about Hauora Tairāwhiti's response to COVID-19?

We are collecting **FREQUENTLY ASKED QUESTIONS**

Send your query to: [incident.control@tdh.org.nz](mailto:incident.control@tdh.org.nz) OR [intel@tdh.org.nz](mailto:intel@tdh.org.nz) OR [communications@tdh.org.nz](mailto:communications@tdh.org.nz)

